



SANKOFA
HEALING
AND
ENRICHMENT

*Integrating Ancient Wisdom with
Modern Science to Address the
Root Causes of Dis - Ease*



Sexual Healing Workshop Agenda

Date: _____

NOTES

- I Opening the Way**
Heart Focused Breathing
- II Introduction**
a. Dr. Michelle Gamble, DN
b. Sankofa
- III Holistic Sexual Healing**
Body/Mind/Heart/Soul
- IV A_____**
Assessment Tools
- V B_____**
Areas to Enrich
- VI C_____**
Removing Barriers
- VII ENDLESS LOVE BENEFITS**
a. Enrichment Modules
b. Transformation-Practicum
- VIII Closing**
a. What's Next?
b. All about YOU-My LOVE!

[illegible]