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Nature's Sunshine Referral #60556802  
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## Test Client

The information in this report is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Michelle Gamble, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.

All services, programs, retreats, products and information offered by Sankofa are intended to assist persons in their quest to attain and maintain holistic wellness by improving lifestyle choices and are not to be perceived as a treatment or cure to any particular disease.

Please consult your medical physician about the advisability of continuing on any program if you have been experiencing health difficulties. Please note that the supplements suggested are to be taken in addition to a maintenance regimen.

You can order items listed in the report at [www.naturessunshine.com](http://www.naturessunshine.com) or by calling (800) 223-8225. Be sure to use my Nature's Sunshine Referral Number #60556802. You can also request the special "Mail Innovation" shipping for \$4.

When you order \$40 or more in products, you can get a free membership for a year. Membership benefits include:

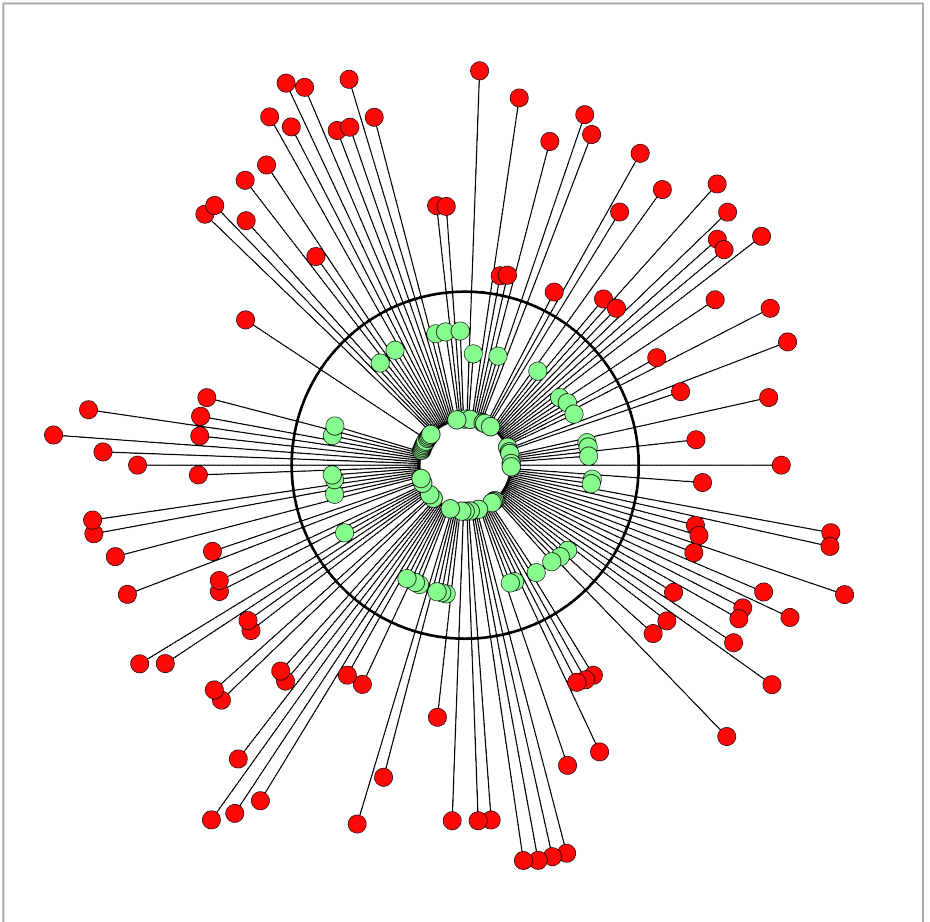
- Free health education.
- Purchase products at Member (wholesale) cost and save up to 33% off Retail cost.
- Receive rebates of up to 20% on your own purchases.
- 10% on orders between 100-499 QV (Qualifying Volume)
- 15% on orders between 500-999 QV  
\$130 order = 130 QV (approx.)
- Choose from over 500 quality products and more than 475 unique herbal formulas.
- You can purchase as little or as much as you like each month.

## Advanced Report

### YOUR DYNAMIC PROFILE

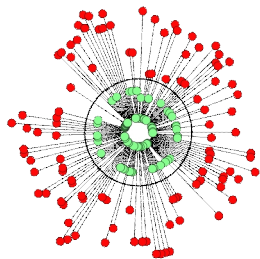
Biomarkers: 172  
Range: 2.82

Biomarkers In Range: 68  
Biomarkers Out of Range: 104



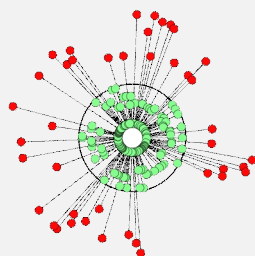
## BALANCER VIRTUAL ITEM RE-SCAN RESULTS

This section of the report shows your top balancer Virtual Items and how many out-of-range biomarkers each balancer progressively brought into range. Each balancer adds to the cumulative amount of biomarkers brought into range.



### Baseline

Biomarkers Out of Range: 104

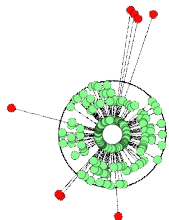


### NSP - Pink Grapefruit Essential Oil

Biomarkers Brought Into Range: 62

Category: All Nature's Sunshine Products, Products (US)

Usage Directions: 1 Drop 1 times per day

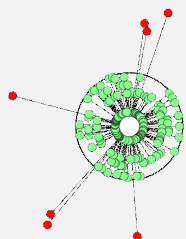


### NSP - SUMA Combination

Additional BioMarkers Brought Into Range: 34

Category: All Nature's Sunshine Products, Products (US)

Usage Directions: 2 Capsules 3 times per day

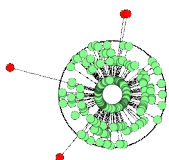


### NSP - Pine Needle Essential Oil

Additional BioMarkers Brought Into Range: 1

Category: All Nature's Sunshine Products, Products (US)

Usage Directions: 1 Drop 1 times per day

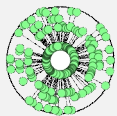


### NSP - Sage

Additional BioMarkers Brought Into Range: 3

Category: All Nature's Sunshine Products, Products (US)

Usage Directions: 1 Capsule 2 times per day



## **NSP - Safflowers**

Additional BioMarkers Brought Into Range: 4

Category: All Nature's Sunshine Products, Products (US)

Usage Directions: 1 Capsule 2 times per day

## PRODUCT DESCRIPTIONS

Top balancer Virtual Items are listed in order below along with their respective dR values and detailed product descriptions.



### 100.35 NSP - Pink Grapefruit Essential Oil

Pink Grapefruit Essential Oil 15 ml  
Stock No. 3846-5

Lift your mood and energize your spirit with the fresh, tangy aroma of Pink Grapefruit Essential Oil. Nature's perfect blend of sweet and sour, this aroma awakens the senses and brightens any room.

#### Benefits:

Diffuse in a room to elevate mood  
Known to ease nervous exhaustion  
Organically Grown

#### How It Works:

##### Uplift and Energize

The fresh and tangy aroma of pink grapefruit is celebrated for its uplifting effects. Much like the fruit itself, the scent of pink grapefruit is a luscious fusion of sweet and sour sure to awaken the senses and brighten any room.

#### Ingredients:

100% pure organically-grown Citrus x paradisi peel oil. Cold pressed.

#### Recommended Use:

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

Pink Grapefruit oil can be photosensitizing. Avoid sun exposure after topical application.



### 82.68 NSP - SUMA Combination

SUMA Combination (100 caps)  
Stock No. 1088-5 Kosher

Increase energy and support your immune system with SUMA Combination, a blend of six powerful, adaptogenic herbs.

#### Benefits:

Supports the immune system.  
Boosts energy.  
Provides adaptogenic herbs.

#### How It Works:

SUMA Combination supplies nutrients that support the body's regenerative functions. It is a blend of six powerful adaptogenic herbs that bolster the immune system and provide energy and emotional support. Suma root is referred to as para todo in South America, meaning "for everything." Suma is not a true ginseng, but it shares many of ginseng's properties. Astragalus root is a Chinese herb that also shares many properties of ginseng and is known as an energy-booster.

#### Ingredients:

Echinacea aerial parts, suma bark, astragalus root, eleuthero root, ginkgo leaves concentrate, and gotu kola root and rhizome concentrate.

#### Recommended Use:

Take 2-3 capsules with a meal three times daily.

NOTE: Pregnant or lactating women should consult their health care professional prior to taking this supplement.



### 56.90 NSP - Pine Needle Essential Oil

Pine Needle Essential Oil 15 ml  
Stock No. 3851-1

Pine Needle Essential Oil is the essence of a vast evergreen forest. Imagine the crisp, clean woods in a bottle, offering a recharging, revitalizing aroma anytime you need it!

#### Benefits:

Natural deodorizer  
Diffuse to freshen and awaken

#### How It Works:

##### Recharge and Revitalize

The familiar, fresh pine aroma conjures a feeling of the crisp, clean woods.

Ingredients:  
100% pure Pinus sylvestris needle oil.

Recommended Use:  
Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.



#### 50.38 **NSP - Sage**

Sage (100 caps)  
Stock No. 610-1 Kosher

Sage leaves are highly astringent and aromatic. This herb was used to help preserve meat for centuries due to its ability to help create an environment that is friendly to microbial balance.

Benefits:  
Supports the immune system.  
Helps create microbial balance.  
Is a source of antioxidants.

How It Works:  
Sage is highly astringent and aromatic. Extracts of sage have antioxidant properties; they act as a preservative, which probably explains sage's wide use as a meat seasoning for centuries. Its aromatic properties help sage create an environment that is friendly to microbial balance.

Ingredients:  
Sage leaf.

Recommended Use:  
Take 1 capsule with a meal twice daily.



#### 47.75 **NSP - Safflowers**

Safflowers (100 caps)  
Stock No. 600-2 Kosher

Safflower flowers support the elimination of toxins and strengthen liver and gallbladder function.

Benefits:  
Supports the intestinal and hepatic systems.  
Supports toxin elimination.  
Strengthens liver and gallbladder function.

How It Works:  
Safflowers have been used traditionally to help support liver and gallbladder function and may help in the normal removal of toxins from the body. They also provide nutritional aid for the intestinal system.

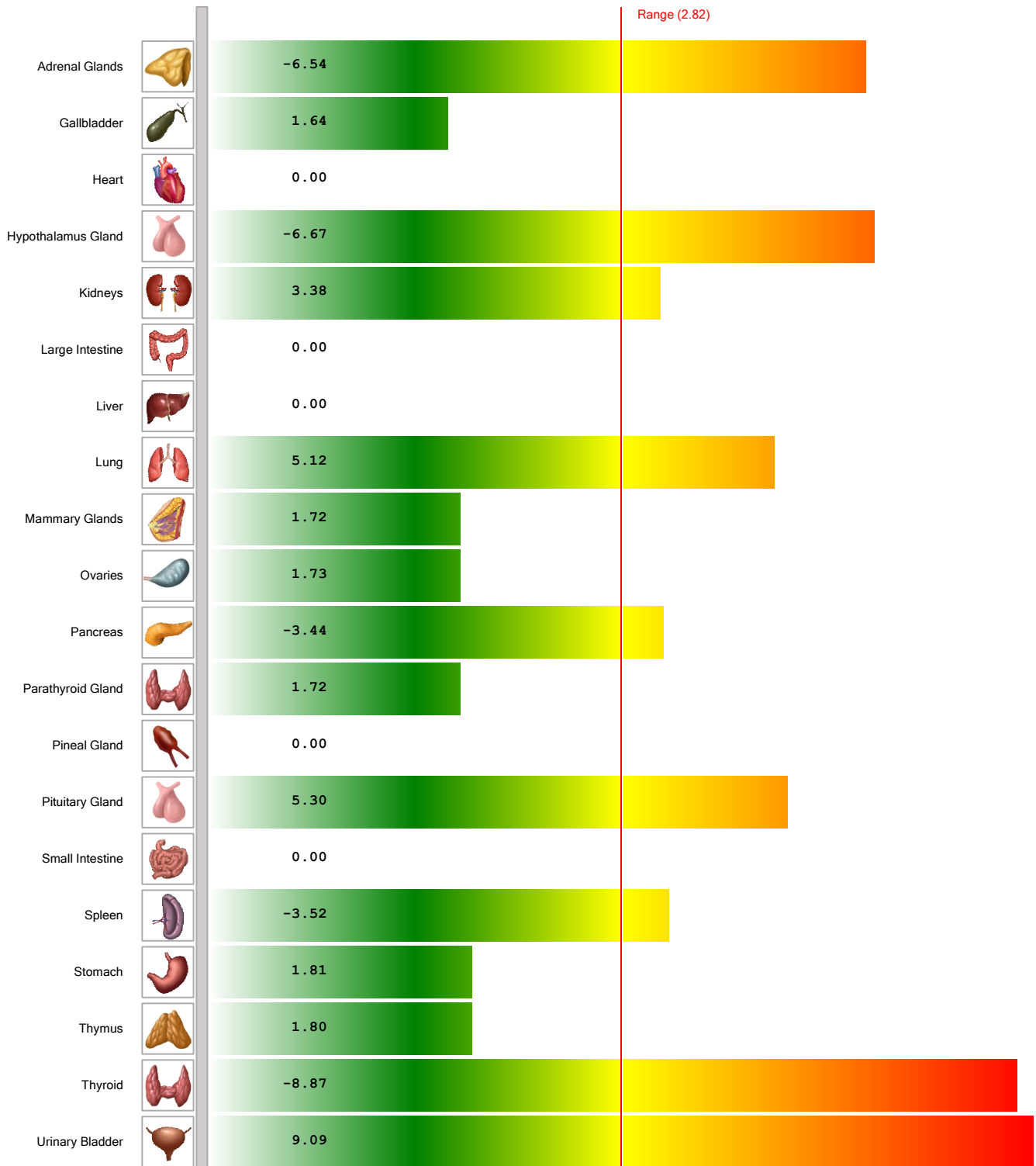
Ingredients:  
Safflower flowers.

Recommended Use:  
Take 1 capsule with a meal twice daily.

## ORGAN BIOMARKERS

This graph shows your responses to Virtual Items for each of the organs indicated. Of most interest are the ones with the out-of-range values.

The information in this graph is from the current scan only and does not draw upon any historical data.



Uterus

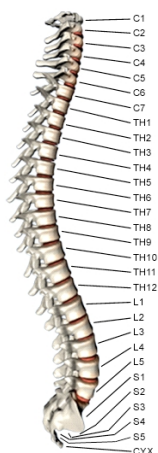


3.52



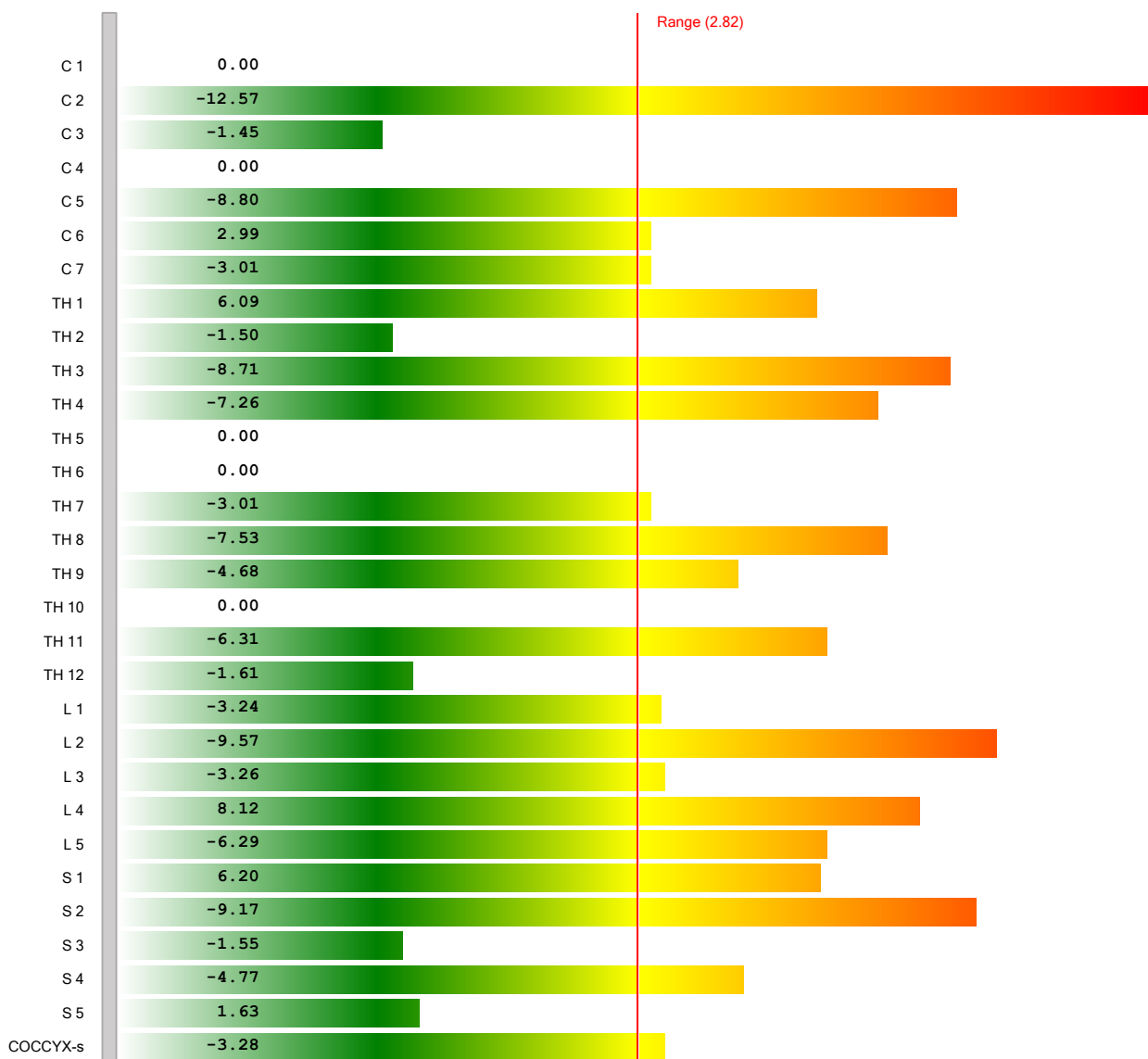


# VERTEBRAE BIOMARKERS

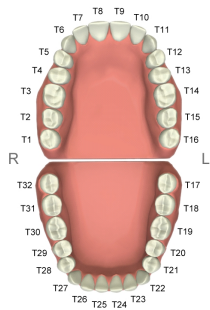


This graph shows your responses to Virtual Items for each of the vertebrae indicated. Of most interest are the ones with the out-of-range values.

The information in this graph is from the current scan only and does not draw upon any historical data.

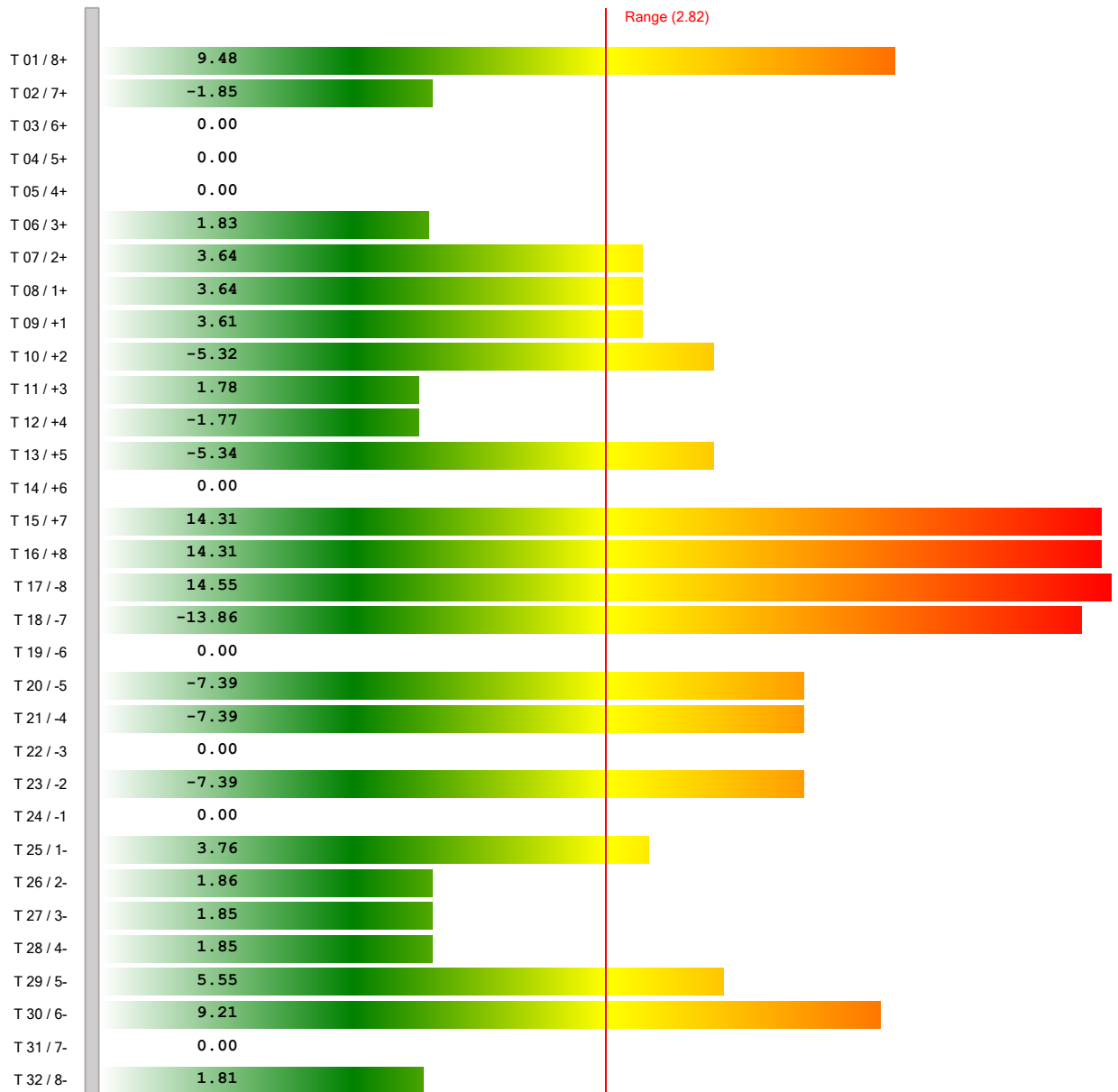


# TEETH BIOMARKERS

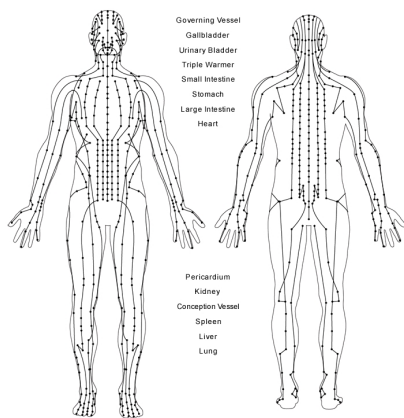


This graph shows your responses to Virtual Items for each of the teeth indicated. Of most interest are the ones with the out-of-range values.

The information in this graph is from the current scan only and does not draw upon any historical data.

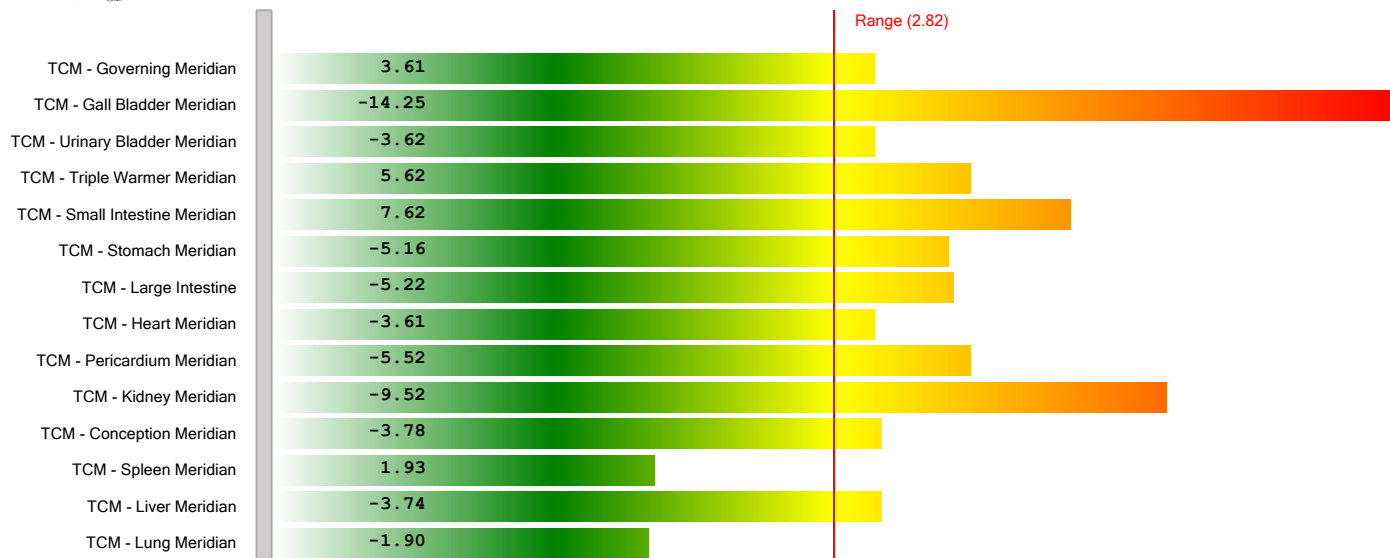


# TRADITIONAL CHINESE MEDICINE MERIDIAN BIOMARKERS



This graph shows your responses to Virtual Items for each TCM Meridian indicated. Of most interest are the ones with the out-of-range values.

The information in this graph is from the current scan only and does not draw upon any historical data.





Top service Virtual Items are listed in order below along with their respective dR values and detailed descriptions.

### 47.83 **Neurofeedback**

Neurofeedback is a type of biofeedback that measures brain waves to produce a signal that can be used as feedback on brain activity to teach self-regulation. Neurofeedback is commonly provided using video or sound, with positive feedback for desired brain activity and negative feedback for brain activity that is undesirable.

### 46.59 **NAET**

Nambudripad's Allergy Elimination Techniques or NAET for short, is a holistic, non-invasive treatment used in eliminating food and environmental allergies permanently. It was discovered by Dr. Devi S. Nambudripad, in Buena Park, California. An acupuncturist, chiropractor, kinesiologist and a registered nurse, Dr. Nambudripad, began conducting research in 1984. Her Goal: Solve physical problems which had plagued her since birth and help others with similar problems. Her research resulted in the development of a new and effective approach for diagnosis and elimination of allergies of all types. Dr. Nambudripad utilized existing medical knowledge from various fields of medicine and combined this with her own discoveries.

### 42.99 **Recall Healing**

Recall healing aims to access a deeper level of awareness, to help patients' access deep-rooted emotional trauma that may trigger or exacerbate disease within the body. A patient is assisted in tracing emotional issues that they may or may not be aware of that could be linked to their health issues. This method helps to gain understanding of the correlations between life events, emotions and disease and health.

### 37.85 **Nasal Specific/Bilateral Nasal Specific (BNS)**

Nasal Specific/Bilateral Nasal Specific (BNS) is a controlled approach and technique that works to unwind the body and help it return to a more optimum function by adjusting the cranial plates of the skull and relieving pinned up pressure that affects the nervous system and reestablishes the flow of cerebrospinal fluid to the body and the proper flow of blood to the brain.

[http://www.nasalspecific.com/nasal\\_specific\\_002.htm](http://www.nasalspecific.com/nasal_specific_002.htm)

### 30.70 **Autosanguis Therapy**

There are many different forms of autosanguis therapy. The most classic form involves drawing venous blood from the patient and re-injecting it immediately without modification. It is injected either subcutaneously, intra-cutaneously or intra-muscularly.

Variations of this technique may include mixing the blood with a homoeopathic or homotoxicological medicine before injection. The blood may also be drawn and enriched with oxygen, ozone or trace elements or be irradiated with ultraviolet light before it is either re-injected intravenously or infused.

# OUT OF RANGE BIOMARKER PROGRESS CHART

This chart shows you the order in which the biomarker Virtual Items came into range and the product Virtual Items that influenced those changes. The biomarkers at the top of the left column are the ones that came into range last, indicating they are the most intractable.

	Baseline	(104)	NSP - Pink Grapefruit Essential Oil	(42)	NSP - SUMA Combination	(8)	NSP - Pine Needle Essential Oil	(7)	NSP - Sage	(4)	NSP - Safflowers	(0)
Digestive Enzymes		4.00		14.49		-6.32		12.00		-6.57		
Greed		4.29		10.41		3.89		-21.56		4.00		
C 6		2.99		-14.67		13.17		5.21		-3.98		
C 5		-8.80		-6.77		-16.77		-6.27		-3.94		
TH 3		-8.71		-11.00		18.90		-11.48				
Grief		-4.19		-10.17		3.88		-10.41				
T 20 / -5		-7.39		9.19		4.00		-7.65				
C 7		-3.01		4.06		-10.60						
C 2		-12.57		13.88								
Thyroid		-8.87		-12.90								
TH 1		6.09		11.14								
TCM - Governing Meridian		3.61		-10.60								
Resentful		4.07		-10.41								
TH 4		-7.26		-9.63								
Estrogen		7.79		-9.09								
Uterus		3.52		-9.09								
Probiotic Bacteria		-3.93		8.07								
Lymph Nodes		-9.57		7.88								
Pesticides/Insecticides		4.00		7.86								
Testosterone		3.81		6.81								
L 3		-3.26		-6.61								
T 21 / -4		-7.39		-6.45								
Fear		-63.96		-6.36								
T 30 / 6-		9.21		6.34								
Pregnenolone		-5.79		5.37								
Sleep		7.72		5.37								
TCM - Triple Warmer Meridian		5.62		-5.37								
T 23 / -2		-7.39		5.22								
TCM - Gall Bladder Meridian		-14.25		-5.18								
Frustrated		8.80		5.15								
Blame		3.56		5.09								
TH 8		-7.53		4.23								
L 2		-9.57		4.09								
TCM - Small Intestine Meridian		7.62		4.06								
Tryptophan		-14.92		4.06								
L 4		8.12		-4.04								
Serotonin		3.89		3.99								
Electromagnetic		-7.86		-3.93								
Water Contaminants		-10.00		-3.92								
Pancreas		-3.44		3.88								
Spleen		-3.52		-3.84								
Anxiety		-3.58		-3.77								
Artificial Sugars & Sweeteners		-26.32										
Exhausted		22.28										
Toxic Stress		-19.13										
Colon		18.00										
T 17 / -8		14.55										
T 15 / +7		14.31										
T 16 / +8		14.31										
T 18 / -7		-13.86										

Bone Marrow	13.81								
Complacency	-12.22								
Bacteria	10.09								
Tonsils	-9.95								
TCM - Kidney Meridian	-9.52								
T 01 / 8+	9.48								
Lymphatic System	-9.44								
S 2	-9.17								
Urinary Bladder	9.09								
Skin	-7.93								
Essential Fatty Acids (EFAs)	7.86								
Heavy Metals	7.86								
Adenoids	7.72								
Joints/Connective Tissue	-7.69								
Tense	7.69								
Immune System	7.59								
Melatonin	7.49								
Hypothalamus Gland	-6.67								
Adrenal Glands	-6.54								
TH 11	-6.31								
Hate	6.29								
L 5	-6.29								
Helpless	6.20								
S 1	6.20								
Respiratory System	-5.76								
T 29 / 5-	5.55								
TCM - Pericardium Meridian	-5.52								
T 13 / +5	-5.34								
T 10 / +2	-5.32								
Pituitary Gland	5.30								
TCM - Large Intestine	-5.22								
TCM - Stomach Meridian	-5.16								
Lung	5.12								
S 4	-4.77								
TH 9	-4.68								
Cardiovascular System	4.19								
Chemicals	4.09								
Amino Acids	4.04								
Fungi/Molds	4.00								
Sad	4.00								
Viruses	4.00								
Detoxification System	-3.86								
TCM - Conception Meridian	-3.78								
T 25 / 1-	3.76								
TCM - Liver Meridian	-3.74								
T 07 / 2+	3.64								
T 08 / 1+	3.64								
TCM - Urinary Bladder Meridian	-3.62								
T 09 / +1	3.61								
TCM - Heart Meridian	-3.61								
Kidneys	3.38								
COCCYX-s	-3.28								
L 1	-3.24								
TH 7	-3.01								