

Your Child Deserves More

Testing is mandatory in accurately assessing any physical, mental, and/or behavioral dysregulation symptoms. Consider toxins in our environment, imbalanced hormones, delayed food allergies, nutrient deficiencies, etc. If you only received a visual observation or a written evaluation, you need a more. By lab testing hair, blood, saliva, urine and stool, the cause of your symptoms of impaired self-regulation may be discovered. The test results help provide a more accurate and natural therapies that can address and heal the root the causes of mood disorders, Autistic, ADD symptoms.

The Heartfully Intelligent Kids program helps parents work with patient rights advocates and attorneys, to protect your rights. As educational advocates, we can support you in IEP meetings and medical visits, upon your request.

Contact Us

Join our 12-week program today!

Dr. Michelle Gamble, DN

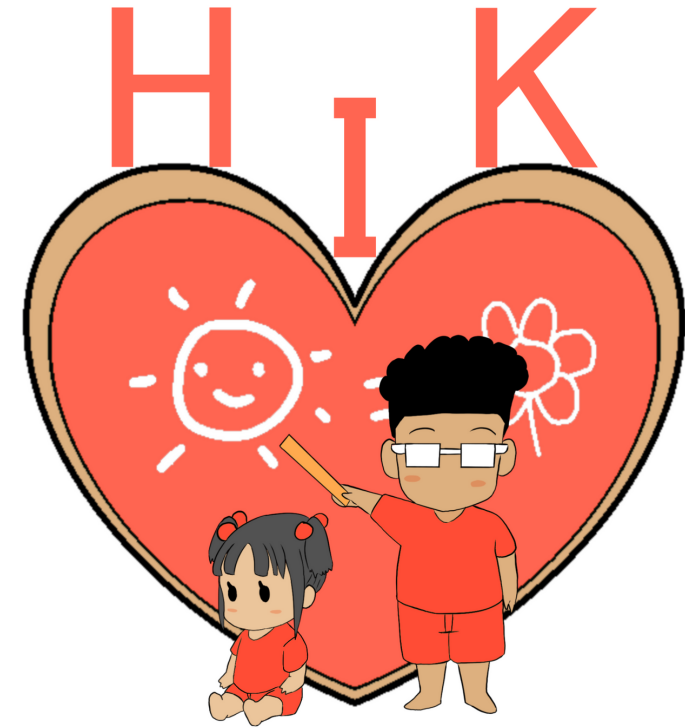
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Program Director

Dr. Michelle Gamble, DN is a Board Certified, non-medical Doctor of Natural Holistic Health. She teaches classes in health and wellness and assists people in their pursuit of spiritual, mental, emotional, and physical health. One of her many passions is delivering presentations nationwide with the purpose of transforming lives by empowering people with a deeper understanding of the tools needed to create holistic health. Her dynamic, engaging, and often humorous style has been known to captivate audiences of all ages.

Dr. Gamble has been an educator for over 25 years and has traveled extensively throughout the world, living, teaching, and studying in several countries. Dr. Gamble has a bachelor's degree in Mathematics and English Secondary School Education and a Doctorate in Naturology. When not assisting people in their quest for health, Dr. Gamble is busy fulfilling her other responsibilities of being a single mother of five children.



Heartfully Intelligent Kids

Unlock Your Child's HEART POWER

*Improve Physical,
Mental, Behavioral
Self-Regulation and
Cognitive Performance!*

This program is based upon 5 “Heart Hacks” designed to focus on strengths, and eliminate the causes of impaired mental, emotional, and physical incoherence.

(Incoherence is reflected in the inability to self-regulate mentally, emotionally, and physically, resulting in symptoms associated with learning challenges such as test anxiety ADD/ADHD, Autism, and Mood Disorders.)

Heart Hack 1

Recognize Heart Intelligence! “Heartfully Intelligent Kids” is a positive approach to establishing self-esteem and personal development through success techniques.

Heart Hack 2

Identify and Decrease Triggers. Many ordinary foods and environmental toxins may impair one’s ability to regulate behavior and compromise mental and physical functioning. Identifying and eliminating these stressors may reduce the symptoms of Autism, ADD/ADHD, and mood disorders.

Heart Hack 3

Optimize Nutrition/Hydration.

According to BrainGym research, water helps connect the creative and memory sides of your brain and may improve schoolwork.

Additionally, proper nutrition can resolve many of the underlying causes of the symptoms associated with impaired self-regulation.

Heart Hack 4

Increase Coherence.

Heart Math techniques and technologies have been scientifically shown to improve psychophysiological coherence and thus may assist in the process of entraining self-regulation and improving cognitive functioning.



Heart Hack 5

Complete Laboratory Testing

Why would any responsible doctor make a diagnosis without laboratory testing? Why would any doctor prescribe medication without determining the actual cause of the symptoms? What doctor would identify cancer or diabetes and prescribe medications based only on visual evaluation? Do you need a more in-depth diagnosis with a lab test? You can choose to obtain those lab tests in our program.

The following conditions may cause symptoms of dysregulation. Medications cannot heal these systemic imbalances.

1. Metal and Chemical Toxicity
2. Nutritional Deficiencies
3. Delayed Food Allergies
4. Neurotransmitter Imbalance
5. Hormone Imbalance
6. Enzyme Deficiency
7. Intestinal Dysbiosis
8. Parasite/Bacteria Infections
9. Organ & System Imbalances
10. Dietary Imbalance

**We help you get
LAB TESTS not BEST GUESS!**