

Dr. Michelle Gamble , DN

The Holistic Healing Doctor

"Transforming the world with the healing power of LOVE,
Living Optimally with Vitality and Elation."

Dr. Michelle Gamble, DN has been a professional educator for over 25 years and a natural health care provider for over 15 years. In 1993, she graduated Summa Cum Laude from The City College of New York with a Bachelor of Arts in Mathematics and English with an emphasis on Secondary School Education. She earned a masters and doctorate in Naturology and is a board-certified alternative health care provider with advanced training and certification in Functional Endocrinology and Blood Chemistry, Colon Hydrotherapy, HeartMath, Childbirth Education and Doula Support, and much more. Additionally, Dr. Gamble completed her coach training in Strategic Interventions at Robbins-Madanes Training under her teachers Tony Robbins, and Cloe Madanes.



Dr. Gamble, single mother of five children, is also an author, speaker, mentor who assists individuals and groups in transforming their health through the natural healing power of nature's cures, customized diet and lifestyle interventions. On countless occasions, she has dealt with the pain, confusion, and frustration of a medical system that only wanted to increase prescriptions and recommend invasive procedures. Born with a diseased colon that had to be partially removed when she was only a baby, Dr. Gamble lived the first year of her life with a colostomy bag attached to her abdomen. She has learned the importance of believing in the impossible and trusting in the body's ability to heal even when death seems imminent.

Dr. Gamble is the founder and managing director of Sankofa Healing and Enrichment, Inc. and It Takes a Village Ministry, Inc, a 501(c)3 nonprofit organization. She currently travels worldwide and around the nation presenting community empowerment workshops on various aspects of natural health and wellness to people of all ages.



EDUCATIONAL PHILOSOPHY

I have been a teacher/mentor all of my life. Ever since I can remember, I have gone to great lengths to "show people the way. The way is not a definite destination, but rather an attitude that one has with regard to life. As an educator, I strive to help people to realize their divine potential. I believe that all people are gifted and talented. Unfortunately, the harsh nature of our society creates children and subsequently adults who do not believe in themselves.

My vocation is to give students the tools to be successful by focusing on how one solves a problem rather than just coming up with an answer. After all, life is not so much about the destination, as it is about the beauty of the journey. By leading from within each person the innate ability to be a problem solver, we ensure that we are teaching future generations how to fish and be self sustaining for millennia and not merely holding back hunger for a day or two by giving them a fish.

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For more information visit :
www.theholistichealingdoctor.com

HOLISTIC NATURAL HEALTH C.A.R.E

Customized Accessible Resources and Education

“The doctor of the future will give no medication, but will interest his patients in the care of the human frame, diet and in the cause and prevention of disease.” Thomas Edison

About Sankofa

Sankofa means “Go Back and Fetch it”. We must look back to the past in order to understand how and why we have become who we are in the present. Thus, we are able to create and move into a better future. We support persons physically, emotionally, mentally, and spiritually to take charge of their divine power on their journey toward holistic healing and enrichment from all forms of dis-ease.

We Educate not Medicate

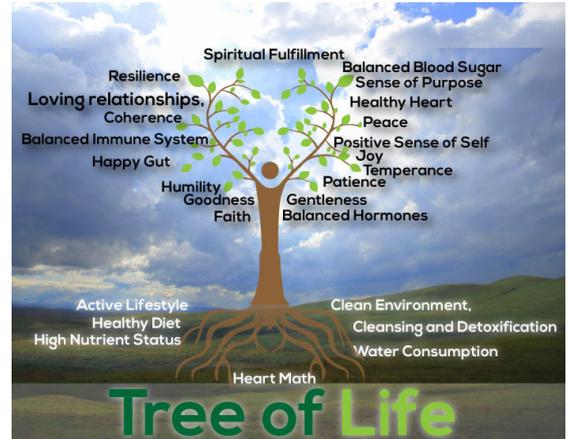
Our focus is root cause of resolution. We know you are tired of the bag of pills - drugs and supplements. The time has come to truly heal from the inside out. Allow us to assist you in your quest to nurture the Tree of Life within you to bear the fruits of health and prosperity. We will teach you how to create and sustain a holistic wellness program that is tailored to YOUR personal mental, emotional, spiritual needs and individual biochemistry.

Everyone has a doctor within; we just have to nurture and release him/her. The natural healing force within each one of us is the greatest force in getting well. “Our food should be our medicine. Our medicine should be our food.” - Hippocrates

Community Health Plans

What is now euphemistically referred to as “Health Insurance” is really no more than Disease Management Plans. However, doctors of the past were health educators, spiritual advisers, and emotional support systems. Sankofa continues in this tradition by offering you the opportunity to invest with a commitment to health and not merely wait to be a victim for the conventional health insurance paradigm. Our affordable plans give you the tools and support not provided by conventional insurance. Our Community Health Plan provides educational resources with group mentorship to empower you to become your own Doctor of the Future and claim your divine right to Heal Yourself!

DISCLAIMER: Dr. Gamble does not practice conventional medicine. More specifically, she does not examine, diagnose or treat, or offer to treat or cure or attempt to cure, any mental or physical disease, disorder or illness, or any physical deformity or injury; and Dr. Gamble does not recommend or prescribe, or recommend changing dosage or discontinuing, any prescription medications or pharmaceutical drugs.



Personal Health Mentorship

Hippocrates wrote, “It is more important to know what sort of person has a disease than to know what sort of disease a person has.” Fed up with doctors that simply prescribe drugs and never look to resolving the root of the problem? Are you looking for a doctor who will treat you as a whole person and be concerned about your mental, emotional, and spiritual health not just the physical? Dr. Gamble will mentor you to heal yourself. Mentoring is a transformational journey built on personal relationships and involves much more than simply acquiring a specific skill or knowledge. She will help you to identify and resolve the physical, emotional, mental, and spiritual roots of dis-ease.

Why Choose Sankofa?

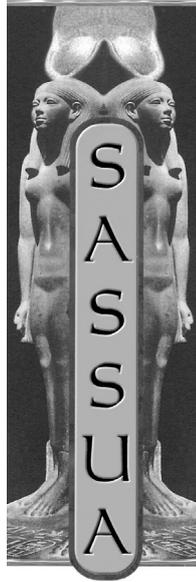
- You are a Divine Healer not a Victim of Disease.
- You need our support not fixing.
- You deserve evidence based natural health care - Functional Lab Testing not Best Guess
- We address the needs of the WHOLE person by teaching you how to nourish the body, motivate the heart, sharpen the mind, and inspire the spirit with nature’s cures.

SASSUA

Solidarity of Aisha Sisters for the Survival and Upliftment of All is a global support network for women who are interested in "Birthing the Goddess Within".

SASSUA sisters recognize that "All is One" and therefore create a support network to be able to uplift themselves and others in a holistic manner.

SASSUA focuses on women's health issues, holistic personal and family wellness, natural family planning, child rearing and education, and more.



TEEN I.D.O.L.

Youth Leadership Training program. This dynamic program is designed to train our young people to transition successfully from adolescence to adulthood with an emphasis on preparing them for life after high school



COMMUNITY HEALTH EMPOWERMENT WORKSHOPS

Empower your community to take charge of their health with effective & simple tools and strategies. These FREE interactive educational presentations are on a variety of health and wellness topics. They are presented by the managing director of It Takes A Village, Dr. Michelle Gamble.

CONTACT us to learn how your organization can host one of sankofa's engaging and interactive health education programs

HOT TOPICS

- Undressing Stress
- Blood Nutrition
- Seasonal Cleansing
- Heartfully Intelligent Kids Why People Don't Heal
- Women's Hormonal Health
- The 7 Deadly Bs
- Sexual Healing
- Transforming Emotional Trauma



INSPIRATIONAL AUTHOR AND MOTIVATIONAL SPEAKER

MOMMY - Birthing The Goddess Within For Our Children's Sake



As You Read Mommy, you will:

- Realize you are not alone
- Learn how to shed the heaviness of guilt, shame and blame through YOUR divine powers of Love and Forgiveness
- Understand the importance of reclaiming your divine inner goddess in order to BE the light with the power to heal.....*For Our Children's Sake.*

Mommy Features:

- Moving examples from the author's life of facing the tragedy of loss and her many battles with various educational, medical, and social welfare systems in order to advocate for the rights of children.
- True stories of learning to recognize and celebrate the giftedness of children that are commonly hexed with limiting institutional labels such as "special needs", "atypical", ADD, etc.
- A 5 Step process to help you "transform" Life's Challenges from "Lead" to "Gold" by allowing yourself to move THROUGH pain into the "promise land" of a "Purpose Filled" life so that you can serve the ones you love with passion and vitality.

Get your FREE 30 Day Transformational Journal/Guidebook to create your own personal Birth Plan and follow along the Chapter by Chapter "Birthing Questions" to bring forth YOUR Inner Goddess. Visit www.birthingthegoddess.com for more details

CREATING A HAPPIER, HEALTHIER YOU



When You Read This Book, You Will:

- Learn 5 main reasons why most people with chronic illness do not heal despite years of conventional and "alternative" treatment and interventions
- Become aware of the 3 key components of a comprehensive health plan that is designed to promote true healing and not merely manage dis-ease.
- Be empowered to advocate for your health choices when choosing and working with members of your health care team, especially medical providers.

In Creating A Healthier YOU, Dr. Gamble will:

- Provide you with comprehensive physical, mental, emotional, and spiritual assessment to determine the root causes of your chronic illness.
- Give you step by step instruction on how to create a customized holistics wellness plan to heal YOUR body, clear YOUR mind, soothe YOUR mind, and uplift YOUR spirit.
- SHARE an invitation to be part of a global holistic natural healing community
- Connect you with FREE support and educational resources that are accessible online to provide continued Natural Health CARE for you and your loved ones

Visit www.creatingahealthieryou.com for more details and join our Complimentary 21 day Health Transformation Challenge to learn simple effective ways to improve your health: body, mind, heart and soul. When you register, you will receive access to Dr Gamble 21 Daily Tips and Special Report.